

# family

## RESPONSIBILITIES

Families work together to turn a house into a home. How can your family create connection as you work as a team? Have a family meeting to discuss a family plan.

Car maintenance	Grocery shop	Provide income
Clean appliances	Laundry	Set the table
Clean baseboards	Make beds	Sort the mail
Clean bathrooms	Meal plan	Sweep floors
Clean out garage	Make meals	Sweep porch
Change sheets	Mop floors	Take out trash
Childcare	Pay bills	Transport kids
Child's homework	Pick up rooms	Vacuum floors
Child's hygiene	Plan	Wash walls
Church assignments	a. activities	Wash windows
Connect 1:1	b. date nights	Wipe counters
Dishes	c. Dr. appts	Wipe handles
Dusting	d. family meetings	Wipe switches
Family Home Evening	e. school meetings	Wipe tables
Family prayer + study	Preserve memories	Yardwork

# Break it down

- Look and see which responsibilities need to be added to the list and which responsibilities can be removed from the list.
- Use a strengths-based approach instead of using gender or cultural norms.
- Look at ways you can do two or more things at the same time.
- Assess children's abilities to see how they can contribute to the household.
- See if there is anything that can be delegated outside of the family.
- Discuss the benefits of sharing the responsibilities: what you'll have more time for, how less stress will impact the home, and the connection of working together.

# Connection Ideas

- Create a family playlist for cleaning the house.
- Do a dance party while doing chores.
- Ask silly questions while doing a chore side by side.
- Create Among Us “tasks” by writing chores down on slips of paper.
- Get a money gun and put chores on the paper money to assign chores for the day.
- Set a timer and make challenges for getting each part of a chore done
- Do a “magic trick” where you hold up a blanket & say nonsense words while they put something away to make it “disappear”.
- Decide on a fun treat to get together after all the work is done.